



Ministry of Sports, Culture and Heritage

**GUIDELINES FOR RESUMPTION OF SPORTING ACTIVITIES DURING
THE COVID-19 PANDEMIC.**

BY THE MINISTRY OF SPORTS, CULTURE AND HERITAGE.

SEPTEMBER, 2020.

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List of Abbreviations

ADAK	Anti-Doping Agency of Kenya
CAK	Communications Authority of Kenya
DCOs	Doping Control Officers
KAS	Kenya Academy of Sports
SASDF	Sports, Arts and Social Development Fund
SK	Sports Kenya
WADA	World Anti-Doping Agency
FY	Financial Year
GoK	Government of Kenya
KAS	Kenya Academy of Sports
M&E	Monitoring and Evaluation
MTEF	Medium Term Expenditure Framework
MOH	Ministry of Health
PWD	Persons with Disabilities
PPEs	Personal Protective Equipment

FOREWORD

BY THE CABINET SECRETARY



In March, 2020, the Ministry of Sports, Culture and Heritage called for a cessation of sports competitions and group sports activities in the country following the reporting of the first positive cases of Covid-19 in Kenya.

Indeed, the sporting world came to a standstill with various major international competitions either put on hold, suspended or cancelled altogether as the Corona Virus continued to spread.

Principally, the world's greatest sporting showcase - the Olympic Games in Tokyo – initially scheduled for July 24 to August 9, was postponed to the same time next year.

In Kenya, we also saw the postponement of three major global sports events: WRC Safari Rally, the World Athletics Under-20 Championships and the Magical Kenya Open Golf Championships.

On June 30, I appointed the Resumption of Sports Advisory Committee to draw up protocols for the resumption of sporting activities in Kenya following the Covid-19 pandemic.

The Committee drew its membership from the Ministry of Sports, Culture and Heritage, the Ministry of Health, Sports Health practitioners, Sports Stakeholders and other eminent professionals in the sports industry.

The key brief for the Advisory Group was to engage stakeholders, analyze the Covid-19 situation in the country, learn from other jurisdictions and offer advice on the best way forward as Kenyan sport prepares to resume.

The Advisory Committee, under the Chairmanship of the Chief Administrative Secretary in the Ministry, Hon. Hassan Noor Hassan, commenced its work immediately thereafter, engaging stakeholders, undertaking an environmental outlook and eventually proposing the Guidelines.

I would like to thank the Advisory Committee Chairman for the hard work that he and his team put up to make sure this report is complete and comprehensive despite the limited time for its delivery.

I would also like to thank my colleague in the Ministry of Health, Hon. Mutahi Kagwe for the support in developing, reviewing and approving these guidelines.

I call upon all stakeholders to comply to the Guidelines which we shall keep reviewing from time to time as the Covid-19 Pandemic evolves.

Hon. Amb. (Dr.) Amina Mohamed, EGH, CAV

Cabinet Secretary

Ministry of Sports, Culture and Heritage

PREFACE

FROM THE CHIEF ADMINISTRATIVE SECRETARY



The Guidelines for resumption of sporting activities during the COVID-19 pandemic presents the State Department for Sports approach to opening up and supporting the sporting industry even as the country tries to live with and mitigate the Corona pandemic. The State Department also continues to deliver on its mandate guided by the Ministerial Strategic plan, Kenya Vision 2030, and Medium Term Plans.

The Guidelines provides the State Department with an opportunity to ensure the resumption of sporting activities with emphasis being placed on safety and well-being of all the participants.

The development of the Guidelines is a culmination of active engagement with relevant stakeholders by experts drawn from various sporting fields and health sector.

I wish to thank the Advisory Committee and secretariat for their dedication in developing the Guidelines under tight schedules. The sports fraternity will benefit from adherence to the Guidelines.

The success of these Guidelines will require strict adherence to the laid down protocols, high level of coordination, dedication and personal drive by the implementers. Continuous monitoring and evaluation of the Guidelines will be effected and efforts at administration level will be directed towards availing resources to facilitate enforcement of the same.

Hon. Hassan Noor Hassan, EBS.
Chief Administrative Secretary
Ministry of Sports Culture and Heritage

ACKNOWLEDGEMENT

BY THE PRINCIPAL SECRETARY



Since the coronavirus pandemic reached our shores and cessation of sports activities was enforced in March this year, there has been anxiety among Kenya's sports stakeholders on when there would be resumption of play. Indeed, our sportsmen and women have lost massive income and opportunities following the global sports lockdown and it's heartening to see the world of sports open up gradually and cautiously.

As a ministry, we have moved with speed to initiate food and cash stimulus programmes to cushion our sportsmen and women against the adverse effects of Covid-19, with an initial injection of KSh50 million with additional support of about KSh20 million from the corporate sector.

The Advisory Committee on the resumption of sports activities in the country has engaged and continues to engage key stakeholders including sports organizations, individual sportsmen and women along with coaches, officials and fans and have collected views on ideal protocols that we need to institute before resumption of sports activities.

The recommendations herein come at a crucial time as we continue to lay the

groundwork for the resumption of play, with Nairobi set to host the World Athletics Continental Tour meeting in October 3 at the refurbished Nyayo National Stadium and the Magical Kenya Open Golf Championships from November 12 to 15 at the Karen Country Club.

The discipline with which we restart sports will play a key role in giving confidence to global players in the sports industry to visit Kenya for these two major competitions and indeed for subsequent events, including the WRC Safari Rally and World Athletics Under-20 Championships.

We also need to take cognizance of the fact that Kenya's COVID-19 cases on the rise, hence the need for cautious optimism as directed by His Excellency the President Uhuru Kenyatta in his July 6 address to the nation when he opened up international travel restrictions.

I wish to commend our Hon. Cabinet Secretary, Hon. Amb. (Dr.) Amina Mohamed, EGH, for her leadership, and the Chairman of the Advisory Group, the Chief Administrative Secretary in the ministry, Hon. Hassan Noor Hassan, for guiding the committee through tight deadlines.

We hope this report will guide our sports stakeholders well through this uniquely difficult period, and ensure the safety of all players in our sports industry.

Joe Okudo, CBS,
Principal Secretary, State Department for Sport.

1.0 GUIDELINES/PROTOCOLS

1.1 DEFINITIONS OF TERMS IN THE PROTOCOL

Term	Definition/Description
Coronavirus (COVID-19) disease	Coronavirus disease 2019 (COVID-19) is an infectious disease caused by a newly discovered corona virus, the severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2). Its common symptoms include fever, cough, fatigue, shortness of breath, and loss of smell and taste.
Risk	Refers to a chance that some unfavourable event will occur. It is a condition in which there is a possibility of adverse deviation from a desired outcome that is expected or hoped for.
Risk Assessment	The overall process or method of identifying hazards and risk factors that have the potential to cause harm, analyse and evaluate the risk associated with that hazard (risk analysis, and risk evaluation).
Mitigation	Reducing risk of loss from the occurrence of any undesirable event. Mitigation means to minimize degree of any loss or harm.
Protocol	A system of official rules and systems for acceptable behaviours for particular occasions.
Team sport	Is a sport where individuals are organized into opposing teams which compete to win
Individual sport	Is a sport in which participants compete as individuals to win
Contact sport	A sport in which the participants necessarily come into bodily contact/interaction with one another
Non-Contact sport	A sport in which the players are physically separated such as to make it nearly impossible for them to make physical contact/interaction during the course
Infected Person	Is a person who has had a positive PCR (laboratory) test confirming the presence of COVID-19.
Potentially Infected Person	Is someone who: <ul style="list-style-type: none"> • Has symptoms or signs suggestive of COVID-19 • Is awaiting results of testing following a close contact
Close Contact	Is someone who has: <ul style="list-style-type: none"> • Had contact with an infected person (being in contact within 1 metre and for more than 15 minutes); • Provided direct care to an infected person without using proper personal protective equipment; • Stayed in the same close environment as an infected person (including sharing a workplace, classroom or household or being at the same gathering) for any amount of time; • Travelled in close proximity with (that is, within 1 m separation from) an infected person in any kind of conveyance.

Quarantine	This is the restriction of activities of/or the separation of people who are not ill but who may have been exposed to an infected person or disease.
Isolation	This is the separation of ill or infected persons from others to prevent the spread of infection or contamination.
Frontline Staff	The staff involved directly in the event logistics and deal with the athletes, equipment, apparel etc.
Covid-19 Hotspots	Is an area earmarked based on probability of high degree of spread and people's response to the call for home stay.

1.2 Objectives of these Guidelines

These Guidelines aim to achieve the following objectives:

- i. Ensure that sporting events are planned and executed in line with relevant best practice and in accordance with the Ministry of Health and WHO rules and regulations;
- ii. Provide a framework for the detection, isolation and management of a positive COVID-19 infected person(s) or contacts of persons participating in sports;
- iii. Identify and share best practice for event management in the context of the COVID-19 pandemic, ensuring collaboration and exchange with all sport stakeholders as well as other sporting authorities;
- iv. Provide relevant health guidance for all key sports stakeholders; and
- v. Ensure compliance of the established guidelines and protocols to guarantee health and safety of participants.

1.3 Plans for modifying and varying engagement in sporting activities

Sports stakeholders are advised to be prepared to have plans in place to modify execution of sporting activities should any of the following occur:

- i. Infections occurring to athletes and the larger sporting fraternity;
- ii. Inability to maintain COVID-19 prevention and response protocols;
- iii. Inability to track and/or isolate athletes, athletes support personnel and staff;
- iv. Changes to public health guidelines regarding congregants; and
- v. Changes to local legislation, regulations and Ministry of Health COVID-19 guidelines.

1.3.1 Preliminary Activities

Resumption of any sport and recreation activity will be preceded by a thorough interrogation on the following key and necessary areas:

- i. Information sharing with the communities; and

- ii. Information sharing and education for athletes, athlete support personnel, officials and venue staff.
- iii. All Sports Federations/Organisations to domesticate these guidelines in line with those from International Sports Governing bodies and Ministry of Health.

1.3.2 General Guidelines

- i. Respective Sports Organizations must ensure they disseminate information about COVID-19 as released by the Ministry of Health to Athletes, athlete support personnel, officials, staff and volunteers;
- ii. All organizers and venue operators should appoint COVID-19 contact persons (preferably sports officers) and response teams;
- iii. Ensure the availability of hand washing facilities, alcohol based sanitizers and Gun thermometers at the training and competition sites;
- iv. All venue operators should ensure safe environments, carry out regular cleaning and disinfection of venues, associated fixtures and equipment
- v. Officials, the media personnel and all staff working in sports venues during events will all have to take the COVID-19 tests;
- vi. No press conference will be allowed except flash interviews for athletes. Such interviews will be conducted respecting the social distancing of 1.5 meters and more;
- vii. Handshakes, hugs to celebrate achievements during and after events is prohibited;
- viii. Exchange and sharing of uniforms is prohibited;
- ix. Team event organizers, should gather teams in one place prior to and until the end of the championship. The organizers will keep records and contact information of all the athletes, athlete support personnel and any other person for ease of contact tracing;
- x. Any suspected cases of COVID-19 to be processed in line with the guidelines provided by the Ministry of Health;
- xi. There will be signage at every entrance and strategic locations to remind all persons of the COVID-19 measures; and
- xii. Body temperature checks shall be conducted to all persons at the time of entry to the venue. Anyone with a body temperature reading above 37.5°C will not be allowed into any sporting venue.

1.3.3 Venue preparedness;

- i. Identification and appointment of COVID-19 Sport champions and response personnel/teams;
- ii. Health checks, testing and screening for athletes, athlete support personnel, sport officials, venue staff, sport goods suppliers and any other persons authorized to facilitate sports as and when identified;

- iii. Fully endorsed action plans by organizers, which must align to these protocols and other international guidelines; and
- iv. Isolation and medical rooms to be availed in every venue.
- v. Sufficient water supply, soaps, trash cans, alcohol-based sanitizers to be availed.
- vi. Venue should be thoroughly disinfected prior to any event.
- vii. Seating places should show social distancing.
- viii. Entry and Exit points should be clearly marked.
- ix. Signage about COVID-19 should be clearly displayed at the venue.
- x. Designated places for PWDs and other vulnerable groups must be clearly set.

NOTE: Camps, private sports clubs, training and talent academies should adhere to the same protocols.

1.3.4 Preparation to make the transition

With the easing of COVID-19 restrictions by the Executive, timely and speedy preparation by completing the tasks identified below will position each sport to resume gradually:

- i. **Provide education to participants** in order to set expectations and promote the desirable behaviours that will need to be displayed.
- ii. **Complete risk assessment of the transition to be made;**

This should include factors such as:

- preparation of outdoor training environments and in later phases, indoor and competition environments.
- Consideration of management of numbers involved,
- strategies to limit time and
- maintenance of social distancing to reduce person to person contact,
- cleaning of equipment and any shared facilities used (e.g. toilets),
- sanitation provision for participants and
- identification of a safe space for isolation of an individual should they become unwell, are among aspects to be considered.

- iii **Develop a detailed protocol to demonstrate how risks are managed and mitigated at an operational level in order for resumption.**

1.4 PROTOCOLS FOR IMPLEMENTATION AND ENFORCEMENT

The State Department for Sports and its stakeholders together with Public health officials will oversee the implementation and compliance with these protocols. The County

Governments in consultation with the State Department for Sports shall be responsible for inspection of sports facilities within their respective counties and issuance of certificates of compliance before commencement of any sports activities and trainings. Sports Kenya in consultation with the State Department for Sports shall be responsible for inspection of Sports facilities within its control.

Each Sports Organization shall form a “**Safe return-to-training Committee**” by federations to oversee the preparedness of activities and shall incorporate medical personnel and a Sports Liaison Officer (appointed by the Commissioner for Sports/ County Chief Officers in charge of Sports) in their committees.

1.4.0 TESTING GUIDELINES

- Testing of athletes and other actors to be undertaken Ninety Six hours into the competition.
- The testing conducted to any athletes and athlete support personnel will be done at the discretion of the Federations/Sporting institutions to safeguard the athletes and athletes support personnel from COVID-19 effects, but in circumstances where necessary, the ministry may direct testing for a particular athlete, team, institution, club and/or event staff at the cost of those being tested.
- All those travelling out of the country, will be required to adhere COVID-19 Guidelines and requirements of the host country.
- All players confined for activities such as training camps in groups shall undergo COVID-19 tests.
- All athletes and athlete support personnel who have pre-existing conditions should not participate in competitions or trainings unless they have a clean bill of health from their doctors.
- Any player with detected symptoms should be isolated.
- Testing will not be required for non-contact sports unless an athlete or athlete handler shows signs of COVID-19;
- All costs for testing of athletes and athlete handlers who require testing will be met by the respective event organizers or Sports Organization.
- Testing of athletes and other actors to be undertaken ninety six hours into the competition (From when the competition begins). These athletes and actors found negative will then be required to be booked/checked in a facility with no access to the general population.

➤ *Specific guidelines for managers of indoor facilities*

Managers of sports facilities are responsible for ensuring compliance with the health guidelines issued by the Ministry of Health. The managers must work in collaboration with the sports organizations, if applicable:

- i. To ensure that social distancing guidelines are followed, solid partitions can be installed in certain areas (e.g. reception, in front of the markers) or between the pieces of equipment (e.g. equipment in the gym);
- ii. Changing rooms accessibility is restricted in order to promote social distancing.
- iii. Access to showers in the changing rooms is restricted, provided social distancing guidelines are followed and the area is disinfected after every use; and
- iv. Access to non-essential common areas that lend themselves to gathering is restricted
- v. Loitering around the entrance and exit is prohibited.

1.4.1 Venue Guidelines

Venue operators will be expected to ensure that the sporting environment is safe with reference to the following:

- i. Booking in advance, online or over the phone be preferred. Where this is not possible and a venue has staff available to take bookings, consider mandating contactless transactions to avoid handling reservation documents and cash;
- ii. Identification and appointment of COVID-19 contact persons who will be responsible for responses on venue preparedness and related actions;
- iii. Allocation of exclusive drop-off, pick-up and parking areas for athletes, athlete support personnel, PWDs, Vulnerable groups, officials and staff;
- iv. Clear designation of entry and exit points;
- v. Screening and Health Checks to be conducted to ascertain status of all persons attending with any suspected COVID-19 cases being handled, as prescribed in the Ministry of Health guidelines;
- vi. All visitors, staff, officials, athlete support personnel and non-active athletes to wear face masks throughout their time at the venue;
- vii. Keeping a temporary record of clients and visitors within a 30 day's period of activity after resumption. This will assist the Ministry of Health to trace contacts in case any of the participants turns positive for COVID-19;
- viii. Promotion of Positive Social Attitudes and Behaviour – Signs and Messages that create awareness on combating the spread of COVID-19 to be posted at high visible stations, entrances, exits, sport support rooms as well as electronic information boards. Consideration should be made on how these safety messages will reach persons with hearing or vision impairments;
- ix. Appropriate set up and marking of seating areas for athletes, athlete support personnel and officials. This should be done with due consideration for social distancing;

- x. Cleaning and disinfecting of objects and equipment. Where practical, it should be mandatory that cleaning and disinfection be carried out before, between use and after use;
- xi. Cleaning and disinfecting of handrails and gates;
- xii. Cleaning and disinfection of equipment storage areas;
- xiii. Provision and arrangement of sport support rooms. These shall be availed in satisfactory states with regard to adequate ventilation and social distancing;
- xiv. Adequate Supplies - constant water supply, hand washing facilities, soap, paper towels, tissues, no-touch foot pedal trash cans, sanitizers;
- xv. Adequate supply of PPEs for venue staff undertaking cleaning and disinfection;
- xvi. Provision of more waste disposal facilities and safe removal of waste before, during and after events;
- xvii. Enhancing cleaning and disinfection of busy areas;
- xviii. Development and display of venue policies and information boards;
- xix. Provision of isolation, quarantine and medical rooms;
- xx. Provision of medical services – it is recommended that properly equipped and manned ambulances be stationed at the venue. All such ambulances to have adequate PPEs;
- xxi. Venues to be disinfected after completion of each sporting activity; and
- xxii. All participants accessing the venue should have proper PPEs.

1.4.2 Swimming Pools/Aquatic Venues

- i. All water sports with high aerosol levels such as swimming to remain closed;
- ii. Saunas, steam rooms, and hot tubs should remain closed.

1.5 Pre-Competition Guidelines

Event Management Planning: Planning meetings shall be convened by event organizers for purposes of check listing the preparedness of the venue. A maximum of two (2) physical meetings is recommended and they should last not more than one hour otherwise teleconferencing and virtual meetings are encouraged. During such meetings, it is encouraged that they be held in line with general government protocols for conducting meetings, events and workshops.

1.5.1 In-Competition Guidelines

During the competitions including, any tournaments, matches, leagues and/or games, athletes and all other sports stakeholders are advised to follow the following:

- i. Inactive athletes, athlete support personnel and officials should be allocated designated areas where social distancing must be observed;
- ii. All but active athletes and event officials will be required to sanitize, wear face masks and observe social distancing while working.
- iii. It is recommended that athletes be allowed to take health breaks to allow personal hydration;
- iv. Proper personal hygiene shall be observed at all times. Handshakes, high-fives, hugging shall not be permitted;
- v. All other health and safety requirements must be followed;
- vi. Athletes, athlete support personnel and officials should refrain from sharing water coolers, drinking stations, water bottles and other drinking devices;
- vii. Participants' personal effects to be kept to a strict minimum (e.g. water bottle and towel) and are not to be left just anywhere. Specific areas may be designated for this purpose;
- viii. Spaced blocks of activities (staggered schedules) should be encouraged. These staggered schedules allow enough time for the staff to disinfect grounds and equipment between groups of participants;
- ix. Media Centre, Tribunes and Staff - All media staff must wear their facemasks while working. Non-essential staff should not be allowed to events. Printing and distribution of printed materials should be kept at a minimum to limit the risk of indirect contamination.

1.5.2 Post-Competition Guidelines

At the completion of any sporting activity, all athletes, athlete support personnel and stakeholders are required to observe all existing regulations on public health and social measures to control spread of COVID-19 in the following aspects:

- i. Transportation of athletes to be carried out as guided by the Ministry of Transport and Infrastructure;
- ii. Cleaning and disinfection of the used venue and all equipment;
- iii. Collection and proper disposal of waste;
- iv. Anti-Doping will be conducted in line with respective guidelines; and
- v. Post- event meetings to be kept at a minimum. Event organizing co-partners to prepare an event report to be filed with the relevant authorities.

1.5.3 Considerations for PWDs and other Vulnerable Groups (Special Olympics, Deaflympics, Visually impaired sports)

- i. Alternative formats of communication for all vulnerable groups e.g. electronic information boards, braille, sign-language and enhanced signage;
- ii. Dedicated COVID-19 compliant training sites for para-athletes and others with underlying medical conditions;
- iii. Special attention for the PWDs and other vulnerable groups handlers/guides;
- iv. Dedicated sanitation measures and care of sport and locomotion equipment;
- v. Dedicated parking spaces for PWDs and other vulnerable groups;
- vi. Enhanced accessibility to public areas and amenities; and

- vii. Enhanced, well designed and unobstructed entry and exit routes for PWDs and other vulnerable groups.
- viii. Designated seating areas for PWDs and other vulnerable groups.

1.5.4 Guidelines for indoor facilities

- i. Frequently touched surfaces and equipment (doorknobs, sinks, training kits etc.) must be cleaned several times a day. Frequency of cleaning and disinfection to be determined based on the amount of traffic;
 - ii. Fitness rooms and gyms should be disinfected and aired out after each session. The schedule should provide time between training sessions or matches for full disinfection when required, depending on the type of physical or sports activity; and
 - iii. There should be proper and sufficient ventilation with air not being blown directly to people.
 - iv. The number of people per session must be comfortable enough to cater for social distancing and avoid overcrowding.
 - v. Ensure handwashing facilities, alcohol-based hand sanitizers are readily available for all.
 - vi. Posters on COVID-19 awareness and prevention should be displayed in the venue and be clearly visible for all participants.
- NOTE: Camps, private sports clubs, training and talent academies should adhere to indoor facilities protocols.

1.5.5 Categorization of Sport and Recreational Activities

The resumption to sports and recreational activities will take place in each of the 6 categories of sports. Sports within these categories are found in **Appendix I**.

It is important to recognise that Executive decisions regarding any easing of restrictions will mean that groups of sports will likely move forward at different times. They may also remain within different phases for variable time periods.

National Teams preparing for international assignments, international tournaments/ events to be hosted within the country will receive case by case authorization to move through the phases by the Cabinet Secretary for Sports.

For each category, the transitions are graduated and the sequence will be:

RED to STEP 1 AMBER to STEP 2 AMBER to STEP 3 YELLOW to STEP 4 GREEN STEP 5 GREEN and STEP 6 GREEN

Movement from one category to the other will be authorized by the Cabinet Secretary for Sports Culture and Heritage upon satisfactory monitoring and evaluation outputs and informed by the overall guidelines provided from time to time by the MOH. At the commencement of these protocols all sports organizations in the outdoor recreation and non-contact sports category will begin to undertake step one and two activities. All contact and water sports will remain in Red until further notice.

NOTE:

Any National Team in the Contact and or Water Sports Category that has a scheduled international event in or out of the country shall seek clearance in writing to the Cabinet Secretary. Teams participating in events out of the Country will comply with the COVID-19 guidelines of the host nation.

Each **STEP** contains a mix of general conditions and sport specific conditions to guide activity. Each subsequent **STEP** builds on those before.

Colour Key

Colour		Definition
RED		Total Lockdown (Current)
STEP 1& 2 AMBER		Outdoor and indoor sports activities can start activity in small groups
STEP 3 YELLOW		both outdoor and indoor sports activities to take place;
STEP 4 LIME GREEN		full training and competition across sports with strict adherence to containment measures of COVID-19 protocols.
STEP 5 GREEN		full training and competition across sports, re-opening of leisure centres and spectators able to attend live sporting events in restricted numbers
STEP 6 GREEN		No restrictions

Resumption Steps

The following steps are recommended for a slow return of sporting activities:

- i. **Phase 1:** Medical and Fitness examination
- ii. **Phase 2:** Individual outdoor field-based or in-door gym conditioning
- iii. **Phase 3:** Team training
- iv. **Phase 4:** Domestic (local) competition - no spectators
- v. **Phase 5:** Cross border(International) - no spectators
- vi. **Phase 6:** No restrictions - spectators present

The aim is for each organizer (Sports Federations, Event Organizers, Private institutions etc) is to develop a detailed operational plan under each of the 6 phases presented. The Ministry of Sports, Culture and Heritage will give individual guidance to organizers whenever necessary.

Throughout these steps, the Covid-19 containment measures of hand-washing, wearing face masks, sanitizing shall be observed with strict adherence.

1.6.1 Six (6) key steps in resumption of Outdoor Recreation

Step	Allowable activities
1	<ul style="list-style-type: none">i. Fitness and medical examinationii. Physical Conditioning

	iii. Psycho-social training
2	In addition to STEP 1: i. Jogging, walking, cycling, hiking permitted ii. Observe all travel Covid-19 protocols iii. Maintain social distancing at all times. iv. Prevent congregations of people v. No organised events vi. Indoor facilities closed with restricted access to ablution facilities vii. Avoid running into each other
3	in addition to STEP 2: i. No mass gatherings / events ii. Hiking, cycling, walking and jogging permitted iii. Social distancing to be maintained at all times iv. Indoor facilities should comply to public health measures v. Prevent crowding
4	in addition to steps above: i. Outdoor Recreation Centres open ii. Group size dependent on size of space available.
5	in addition to steps above: i. Social distancing still be observed ii. Events can take place but with restrictions in total numbers of people involved
6	As for STEP 5 and in addition: i. No restrictions on outdoor recreation activities ii. Return to full use of outdoor recreation facilities iii. Spectators able to attend live events on a restricted basis.

NOTE: Camps, private sports clubs, training and talent academies should adhere to the same protocols.

1.6.2 Six (6) key steps in resumption of Water Sports:

General guidelines

All water sports will remain closed until further notice.

Step	Activities
1	i. Medical examination ii. Physical Conditioning iii. Psycho-social training
2	In addition to STEP 1 i. Observe all travel COVID-19 protocols ii. Maintain social distancing at all times. iii. Training combinations/pairs must comply with social distancing. iv. Prevent congregations of people

	<ul style="list-style-type: none"> v. Higher risk water-based activities not allowed as they may lead to increased pressure on emergency services vi. Outdoor pools remain closed. vii. Indoor facilities closed with restricted access to ablution
3	<p>in addition to the steps above:</p> <ul style="list-style-type: none"> i. Maintain social distancing at all times. ii. Indoor facilities should comply to public health measures iii. Prevent congregations of people indoors iv. Instructor to client ratio to reduce to manageable numbers observing social distancing.
4	<p>in addition to steps above:</p> <ul style="list-style-type: none"> i. Maintain social distancing at all times.
5	<p>in addition to the steps above:</p> <ul style="list-style-type: none"> i. Social distancing still be observed. ii. Events can take place but with restrictions in total numbers of people involved. iii. Full training in water-sports iv. Leisure centres and public aquatic centres open
6	<p>in addition to the steps above:</p> <ul style="list-style-type: none"> i. No restrictions on water-sports activities ii. Return to full use of sporting facilities iii. Spectators able to attend live events on a restricted basis.

1.6.3 Six (6) key steps in resumption of Non-Contact Sports

Step	Allowable tasks
1	<ul style="list-style-type: none"> i. Health tests ii. Physical Conditioning iii. Psycho-social training
2	<p>In addition to STEP 1</p> <ul style="list-style-type: none"> i. Outdoor activities for a minimum number of athletes and athlete handlers required for a training session ii. Observe all travel Covid-19 protocols iii. Maintain social distancing at all times iv. Prevent congregations of people v. No organised contact sport team training vi. Individuals arrive, train/practice and leave
3	<p>in addition to steps above:</p> <ul style="list-style-type: none"> i. Team sport training allowed for minimum number of athletes and athlete handlers required for a training session ii. Skill drills and tactical drills with no close contact iii. Indoor activities limited to the minimum number of athletes and athlete handlers. iv. Maintain social distancing at all times. v. Indoor facilities should comply to public health measures vi. Prevent congregations of people indoors

	<ul style="list-style-type: none"> vii. Retain records of people attending viii. No spectators
4	<p>in addition to steps above:</p> <ul style="list-style-type: none"> i. Outdoor activities limited to minimum number of athletes and athlete handlers required for a training session ii. Group size dependent on size of indoor space with all social distancing measures in place. iii. Maintain social distancing at all times.
5	<p>in addition to steps above:</p> <ul style="list-style-type: none"> i. Outdoor activities for a minimum number of athletes and athlete handlers required for a training session ii. Social distancing must be observed. ix. Indoor activities limited to the minimum number of athletes and athlete handlers. iii. Leisure Centres and indoor leisure facilities open iv. Full training in lower risk contact sports place but with restrictions in total numbers of people involved – athletes / coaches / staff/ officials and spectators v. Some events may take place behind closed doors'
6	<p>in addition to steps above:</p> <ul style="list-style-type: none"> i. No restrictions on lower risk contact sport activities ii. Return to full use of sporting facilities iii. Spectators able to attend live events on a restricted basis.

1.6.4 Six (6) key steps in resumption of Contact Sports (Low Risk)

All contact sports will remain closed until further notice.

Step	Allowable tasks
1	<ul style="list-style-type: none"> i. Medical examination ii. Physical Conditioning iii. Psycho-social training
2	<p>In addition to STEP 1 above</p> <ul style="list-style-type: none"> i. Travel as guided by ministry of transport protocols ii. Maintain social distancing at all times iii. disinfect surfaces and equipment regularly between use by different participants / groups iv. Prevent congregations of people v. Avoid running into each other vi. Indoor facilities closed with the exception of restricted access to small shared facilities e.g. storage area / toilet/ through - ways. These should be disinfected regularly with sanitation products
3	<p>In addition to steps above</p> <ul style="list-style-type: none"> i. Skill drills and tactical drills with no close contact

	<ul style="list-style-type: none"> ii. In all cases, maintain social distancing as far as possible - any contacts should be brief iii. Indoor facilities used must have public health measures in place iv. Prevent congregations of people indoors v. Retain records of people attending
4	<p>In addition to steps above</p> <ul style="list-style-type: none"> i. Group size dependent on size of indoor space. ii. In all cases, maintain social distancing as far as possible - any contacts should be brief
5	<p>In addition to steps above</p> <ul style="list-style-type: none"> i. Any conditions on gatherings will apply e.g. size ii. Leisure centres and indoor leisure facilities open – may initially be on restricted hours iii. Full training in lower risk contact sports iv. Competitive sport can take place but with restrictions in total numbers of people involved – athletes / coaches / staff/ officials and spectators v. Some events may take place ‘behind closed doors’
6	<p>In addition to steps above</p> <ul style="list-style-type: none"> i. Close physical contact sports resume full training and full competition (without modification) ii. Return to full use of sporting facilities iii. Spectators able to attend live events on a restricted basis.

1.6.5 Six (6) key steps in resumption of Contact Sports (High Risk)

All contact sports will remain closed until further notice.

Step	Allowable tasks
1	<ul style="list-style-type: none"> i. Medical examination ii. Physical Conditioning iii. Psycho-social training
2	<p>In addition to STEP 1</p> <ul style="list-style-type: none"> i. Travel as guided by ministry of transport protocols ii. Maintain social distancing at all times iii. disinfect surfaces and equipment regularly between use by different participants / groups iv. Prevent congregations of people v. No organised contact sport team training vi. Individuals arrive, train/ practice and leave vii. Avoid, running into each other; viii. Indoor facilities closed with the exception of restricted access to small shared facilities e.g. storage area / toilet/ through ways. These are disinfected regularly with sanitation products
3	<p>In addition to steps above:</p>

	<ul style="list-style-type: none"> i. Skill drills and tactical drills with no close contact - e.g. no tackling, wrestling, rucks, mauls, lineouts, scrums or contact sparring ii. Technical drills with e.g. bags, pads, paddles, shields Shadow sparring permitted iii. Indoor facilities used must have public health measures in place iv. Prevent congregations of people indoors v. Retain records of people attending
4	<ul style="list-style-type: none"> i. in addition to steps above: ii. Group size dependent on size of indoor space. iii. In all cases, maintain social distancing as far as possible - any contacts should be brief
5	<ul style="list-style-type: none"> i. in addition to steps above: ii. Any conditions on gatherings will apply e.g. size iii. Leisure Centres and indoor leisure facilities open – may initially be on restricted hours iv. Modified training in higher risk contact sports v. Modifications (removal of close physical contact in a temporary capacity) may allow a form of competition to take place in some sports vi. Any competition to take place with restrictions in total numbers of people involved – athletes / coaches / staff / officials and spectators vii. Some events may take place ‘behind closed doors’
6	<ul style="list-style-type: none"> i. in addition to steps above: ii. Close physical contact sports resume full training and full competition (without modification) iii. Return to full use of sporting facilities iv. Spectators able to attend live events on a restricted basis.

1.6.6 Spectators

To keep in line with the COVID-19 WHO and MOH guidelines, spectators will not be allowed into the playing fields unless all protocols have been achieved to level 6 of the guidelines for every sport discipline. Strict adherence to the same will be enforced for the safety of all participants. However, adequate preparations can be made by the organizers to avail alternative online and live forums for fans to enjoy their sports.

1.6.7 Athletes, Officials and Staff

- i. Ensure temporary, part-time or contract workers and athletes at the facility are properly trained in COVID-19 prevention policies and have necessary supplies and PPE;
- ii. Transportation of athletes and athlete support personnel shall follow guidelines by the Ministry of Transport and Infrastructure, however consideration for alternative methods that avoid use of pooled transport and public transport is highly recommended;
- iii. Resumption of training – should be phased upon establishment of physical and health fitness. Initial individual training should be followed by a progressive and calibrated introduction of group trainings culminating to full team engagement for team sports;

- iv. Set up of seating areas for athletes, athlete support personnel and officials- These shall be arranged in accordance with social distancing requirements, such areas will have been appropriately cleaned and disinfected before use; continuous cleaning and sanitization of these areas should be encouraged.
- v. Cleaning and disinfection of surfaces, objects and equipment shall be done in accordance with the Ministry of Health Guidelines for cleaning and disinfection;
- vi. Health Checks, testing and screening – medical checks and testing should be done at least seventy-two hours before resumption and on the first day of training. Periodic tests must be carried out as guided by the Ministry of Health and respective International Sports Organizations; and
- vii. Provision of medical services – It is recommended that properly equipped and manned ambulances be stationed at the venue.

1.6.8 Guidelines for personal trainers and coaches

- i. Personal trainers/coaches should work with reduced groups of not more than 30 participants, depending on size of space and ensure they maintain social distancing.
- ii. You can meet with different clients in a single day as long as it is in gatherings of no more than 6 and you are maintaining social distancing.

1.6.9 Specific guidelines for participants, accompanying persons and staff

All are advised to adhere to the Ministry of Health protocol for dealing with people who develop symptoms while at the facilities. The people in charge are expected to familiarise with the protocol therefore sensitization on the protocol will be key: That notwithstanding, the following measures may be taken:

- i. Isolate, call 719 and contact the nearest health authorities;
- ii. Wear a face mask.

1.7 Guidelines for handling equipment and materials

- i. Given that it is difficult to avoid touching one's face, particularly in the context of physical and sports activities, it is recommended that shared objects and equipment be disinfected regularly.
- ii. Each participant should use his or her own equipment as much as possible. If this is not possible, the equipment should be changed regularly during the activity and washed with hot water and soap or an effective disinfectant between activities (e.g. balls, rackets, hockey sticks)
- iii. If the players bring their own equipment (e.g. a ball, rackets, hockey sticks), a person designated by the club must disinfect it before the players take it to the field.
- iv. Hands do not frequently touch some objects, such as cones and hurdles, during the sports activity. People should be asked to wash their hands after handling them.
- v. The sharing of team equipment and uniforms is not permitted. Federation/Clubs to make arrangements for regular cleaning and disinfection of equipment and team uniforms;

- vi. After the training session or match, kits should be removed and washed with regular laundry detergent.

1.7.1 Guidelines for under – 18years

All under eighteen sporting activities will remain closed until further notice. However, athletes who are under this age but are part of senior teams as well as national junior teams preparing to participate in international assignments will seek formal authorization from the Cabinet Secretary Sports to be cleared to use the above laid down protocols.

1.8 Anti-Doping COVID-19 Guidelines

Anti-doping procedures under COVID-19 pandemic situation are extensively described by the World Anti-Doping Agency (WADA) in the following document: https://www.wadaama.org/sites/default/files/resources/files/20200506_ado_guidance_resuming_testing_en.pdf. In addition to these specific guidelines, the number of tested athletes should be limited to the minimum requirements according to the WADA guidelines and make sure that the waiting and processing rooms are large enough to accommodate, athletes, accompanying persons, and anti-doping staff whilst maintaining social distancing.

1.9 Food and Beverage Services

Catering services, including juice bars, snack bars, and other enterprises must be run in accordance with Ministry of Health guidelines for Hotels and restaurants.

1.10 Governance Structure (Roles and Responsibilities)

S/N	Institution/Agency/ Organization	ROLE/RESPONSIBILITIES	LEVEL OF CLEARANCE	RESPONSIBLE ORGANISATIONS FOR VERIFYING COMPLIANCE	FINAL CLEARING INSTITUTION/ISSUANCE OF CERTIFICATE
1.	Ministry of Sports, Culture and Heritage	<ul style="list-style-type: none"> • Reviewing the guidelines • Enduring compliance 	Cabinet Secretary	-	-
2.	National Sports Federations/Organization	<ul style="list-style-type: none"> • Ensure compliance with their respective international body/MOH/MOSCH and 	MOSCH	<ul style="list-style-type: none"> • Commissioner of Sports/M&E team. • MOH 	<ul style="list-style-type: none"> • MOSCH

		<p>other relevant protocols.</p> <ul style="list-style-type: none"> • Enforce compliance amongst its membership. 		<ul style="list-style-type: none"> • Umbrella Sports Bodies. • Registrar of Sports • 	
3.	County Sports Federation/Organization	<ul style="list-style-type: none"> • Ensure compliance with their respective international body/National body/MOH/MOSCH and other relevant protocols. • Enforce compliance amongst its membership at the grassroots level. 	<ul style="list-style-type: none"> • National Federations • County Government 	<ul style="list-style-type: none"> • Commissioner of Sports/M&E team • National Sports Bodies. 	<ul style="list-style-type: none"> • County Governments
4.	Sports for Development (S4D) Organizations, Donors, Partners	<ul style="list-style-type: none"> • Ensure compliance with their respective international body/National body/MOH/MOSCH ND MOE and all relevant protocols. • Enforce compliance amongst its membership at National and 	<ul style="list-style-type: none"> • MOSCH • Ministry of Education • Ministry of Health 	<ul style="list-style-type: none"> • Commissioner of Sports/M&E team • Ministry of Education 	<ul style="list-style-type: none"> • MOSCH/MOE

		grassroots level.			
5.	Sports Stadia and facilities	<ul style="list-style-type: none"> Ensure Venue compliance with MOSCH/MOH protocols. 	<ul style="list-style-type: none"> MOSCH County Governments 	<ul style="list-style-type: none"> Sports Kenya Commissioner of Sports/M&E team. MOH 	<ul style="list-style-type: none"> MOSCH County Governments
6.	Sports Talent and youth Training Centers	<ul style="list-style-type: none"> Ensure compliance with their respective international body/National Body/MOH/MOSCH and other relevant protocols. Enforce compliance amongst its membership. 	<ul style="list-style-type: none"> MOSCH Kenya Academy of Sports County Governments 	<ul style="list-style-type: none"> MOSCH Kenya Academy of Sports Athletics Kenya 	<ul style="list-style-type: none"> MOSCH County Governments
7.	Elite Sports Training Camps	<ul style="list-style-type: none"> Ensure compliance with their respective international body/National Body/MOH/MOSCH protocols. Enforce compliance amongst its membership. 	<ul style="list-style-type: none"> National Federation County Government 	<ul style="list-style-type: none"> Commissioner of Sports/M&E team County Governments 	<ul style="list-style-type: none"> MOSCH County Governments
8.	Private Clubs and Health fitness Centers	<ul style="list-style-type: none"> Ensure compliance with 	<ul style="list-style-type: none"> MOSCH 	<ul style="list-style-type: none"> Commissioner of Sports/ 	<ul style="list-style-type: none"> MOSCH

		<p>MOH/MOSCH protocols.</p> <ul style="list-style-type: none"> Enforce compliance amongst its membership and compliance with facilities protocols. 		<p>M&E team.</p> <ul style="list-style-type: none"> MOH County Governments 	<ul style="list-style-type: none"> County Governments
9.	Public parks and Recreation Centres	<ul style="list-style-type: none"> Ensure compliance with MOH/MOSCH /Ministry of Tourism and other relevant protocols. Enforce compliance amongst its membership. 	<ul style="list-style-type: none"> MOSCH Ministry of Tourism 	<ul style="list-style-type: none"> Commissioner of sports/ M&E team MOH County Governments Ministry of Tourism. 	<ul style="list-style-type: none"> MOSCH County Governments
10	Learning institutions	<ul style="list-style-type: none"> Ensure compliance with MOSCH, MOH, Ministry of Education and other relevant protocols. 	<ul style="list-style-type: none"> MOSCH Ministry of Education Ministry of Health 	<ul style="list-style-type: none"> Commissioner of Sports/ M&E team. Ministry of Education Ministry of Health 	<ul style="list-style-type: none"> MOSCH Ministry of Education
11	Paralympics/Special needs Sports	<ul style="list-style-type: none"> Ensure compliance with their respective international body/MOH/MOSCH protocols. 	<ul style="list-style-type: none"> MOSCH Ministry of Health County Government 	<ul style="list-style-type: none"> Department of Sports Kenya National Paralympic 	<ul style="list-style-type: none"> MOSCH County Government

		<ul style="list-style-type: none"> Enforce compliance amongst its membership. 		Sports MOH	
12	Water Sports	<ul style="list-style-type: none"> Ensure compliance with their respective international body/MOH/MOSCH another relevant protocols. Enforce compliance amongst its membership. 	<ul style="list-style-type: none"> MOSCH Ministry of Health County Government 	<ul style="list-style-type: none"> Commissioner of Sports/M&E team MOH 	<ul style="list-style-type: none"> MOSCH County Government

1.11 Monitoring and Evaluation

The Cabinet Secretary will establish a monitoring and evaluation Committee. The committee will:

- i. Ensure compliance with the risk assessment tool that forms the basis for intervention measures;
- ii. Draw lessons from experience in order to adjust intervention strategies;
- iii. Improve the design/nature of the guidelines;
- iv. Examine the guidelines rationale;
- v. Determine the adequacy of the guidelines to overcome the identified constraints;
- vi. Compare the actual outcome of the guidelines and identify the reasons for shortfalls or achievements;
- vii. Assess the trend disease trends and advise the Cabinet Secretary for Sports Culture and Heritage.

1.21 Penalties

Failure to adhere to the guidelines will lead to the following:

- i. Suspension and/or Revocation of the compliance certificate by the Cabinet Secretary/County Government
- ii. Prosecution of the offenders under the existing laws;(Enforced by Ministry of Interior and coordination of National Government)

1.13 Review of the Guidelines

These guidelines shall be reviewed:

- i. On a monthly basis or;
- ii. Upon changes in guidelines as announced by H.E President Uhuru Kenyatta or the Ministry of Health;
- iii. If and when a need arises through an addendum by the Cabinet Secretary for Sports Culture and Heritage.

Description	Activities/Actors/Requirements
What should be monitored?	<ul style="list-style-type: none"> • Risk Assessment • Promoting Positive Social Attitudes and Behavior • Healthy Environments • Healthy Operations
Data collection methods	<ul style="list-style-type: none"> • Conversation • Interviews • Observation • Questionnaires • Reviews of official records
Time frame for data collection	Monthly
Data collectors	<ul style="list-style-type: none"> • Part-time employees / Volunteers • Health Officials • Sports Officers • Support Services Staff
Progress reporter(s)	<ul style="list-style-type: none"> • COVID-19 Action Team
Feedback provider	<ul style="list-style-type: none"> • COVID-19 Champion
Resources	<ul style="list-style-type: none"> • Financial

Appendix I- Categorization of Sports and Recreational Activities

Outdoor Recreation (To Open)	Water sports (Remain Closed)	Non-Contact Sports (To open observing containment measures)		Contact Sports (Low Risk) (To remain closed)	Contact Sports (High Risk) (To remain closed)
Mountaineering	Canoeing	Archery	Goal Ball	Football (all codes)	American football
Mountain-biking	Sailing	Athletics (all codes)	Weightlifting	Hurling	Boxing
Angling	Rowing	Badminton (all codes)	Powerlifting (all codes)	Hockey	Judo(all codes)
Jogging	Surfing	Bowling	Equestrian	Ice hockey	Karate (all codes)
Team Building	Swimming (all codes)	Cricket	Wheelchair Rugby	Netball	Rugby (all codes)
Trekking	Water-Skiing	Cycling (all codes)	Ice Stock	Basketball (all codes)	Wrestling
Tug of War	Sailing	Darts	Catchball	Wheelchair basketball	Taekwondo
Triathlon (Swimming to halt)	Life Saving	Equestrian	Bridge	Handball(all codes)	Wheelchair rugby
	Polo	Fencing	Woodball	Baseball	Kabaddi
	Decathlon	Golf (all codes)	Bowling	Softball	Tong-il Mo do
		Gymnastics	Para Athletics	Rope Jump	Kick Boxing
		Motor-sports	Para Powerlifting	Floor Hockey	Skating Football
		Shooting (all codes)	Roller Skating	Goalball	Amputee Football
		Skateboarding	Boccia	Billiards	Team building activities
		Snooker	Horse Racing-Polo	Volleyball (all codes)	Kungfu
		Squash		Rollball	Chess
		Table tennis		Floorball	Scrabble
		Tennis (all codes)		Modern Pentathlon	Ajua
		Horse racing			
		Heptathlon			

Appendix 2: Monitoring and Evaluation Matrix

	QUESTIONNAIRE/CHECKLIST	Yes	No	Remarks
	Preliminary Measures – Pre-site			
	Are COVID-19 contact persons and response teams in place			
	Are “safe return-to-training committees” by federations to oversee the preparedness activities formed			
	Has a Complete risk assessment of the transition plan been made			
	Is a detailed protocol and action plan to demonstrate how risks are managed and mitigated at an operational level in place			
	Have the participants been provided education and awareness of COVID-19			
	General Guidelines – on site			
	Is there adequate availability of alcohol based sanitizers and hygienic equipment at the training and competition sites ?			
	Are regular cleaning and disinfection of venues, associated fixtures and equipment carried out ?			
	Have all Participants taken the Covid-19 tests with evidence of the same ?			
	Is there adequate and visible signage at every entrance and strategic locations to remind all persons of the covid-19 measures including development and display of venue policies and information boards ?			
	Are there measures to handle any suspected cases of COVID-19 to be processed in line with the guidelines provided by the Ministry of Health ?			
	Are adequate body temperature checks to cover all persons within the venue provided for ?			
	Venue Guidelines – On Site			

	Is booking in advance, online, over the phone or is it as a last measure in a physical set up?			
	Has COVID-19 contact persons been identified and appointed who will be responsible for responses on venue preparedness and related actions?			
	Is there an allocation of exclusive drop-off, pick-up and parking areas for athletes, athlete support personnel, PWDs,vulnerable groups, officials and staff including clear designation of entry and exit points ?			
	Are Screening and Health Checks to be conducted and all participants mandated to wear face masks and proper protective gear ?			
	Is there plans for temporary record of clients and visitors for 30 days for tracing contacts in case any of the participants turns positive for COVID-19 ?			
	Has set up and marking of seating areas for athletes, athlete support personnel, PWDs, vulnerable groups and officials done with due consideration for social distancing ?			
	Are there adequate measures to maintain mandatory enhanced disinfection of objects and equipment, busy areas; handrails and gates; and equipment storage areas ?			
	Are the sport support rooms, isolation, medical and anti-doping rooms availed in satisfactory states with regard to adequate ventilation and social distancing ?			
	Is there adequate Supplies ? constant water supply, hand washing facilities, soap, paper towels, tissues, no-touch foot pedal trash cans, sanitizers; PPEs for venue staff undertaking cleaning and disinfection			
	Is there an adequate provision of more waste disposal facilities and removal of waste before, during and after events;?			
	Are there considerations for properly equipped and manned ambulances to be stationed at the venue;			
	Specific guidelines for managers of indoor facilities			
	Are solid partitions installed in certain risk areas (e.g. reception, media centres,interview centres,			

	in front of the markers) or between the pieces of equipment (e.g. equipment in the gym) ?			
	Are changing rooms accessibility restricted in order to promote social distancing between people;			
	Are the provided social distancing guidelines being followed in the showers and changing rooms?			
	Swimming Pools/Aquatic Venues			
	Please note that saunas,pools, steam rooms, and hot tubs should remain closed. Maintain proper disinfectant levels (1-10 parts per million free chlorine or 3-8 ppm bromine) and pH (7.2-8).			

RESUMPTION OF SPORTS PROTOCOLS SCHEDULE

S/NO	TASK ACTIVITY	ACTION	TIMELINE
1.	Launching of the protocols and release	MOSCH	18-23/09/2020
2.	Receiving of protocols from federations/sports institutions for verification and approval	MOSCH	23 rd - continuous
3.	Engage the counties	MOSCH and County Government	23 rd – continuous
4.	Monitoring and evaluation of national teams and federations	MOSCH and county	28 th - continuous